

Center for Alternative Dispute Resolution

2021 TRAINING SCHEDULE – March to June 2021

- CADR Training are available **only** to Hawaii State and City and County employees.
- There is no fee to participate, CADR Training are free of cost.

All workshops listed in this schedule will be held on Zoom.

Register Online:

Complete and submit the [online registration form](https://www.surveymonkey.com/r/CADRLearn). <<https://www.surveymonkey.com/r/CADRLearn>>

Registration is not complete until you receive confirmation from CADR.

Email CADR@courts.hawaii.gov or call (808) 539-4237 with questions or requests for reasonable accommodations due to disability.

Mahalo!

CADR 1.0: (Updated) Working it Out - Skills for Managing Conflict

Offered twice in the Spring:

Wednesday, March 31, 2021; 1:00 to 3:00 p.m.

Thursday, May 6, 2021; 1:00 to 3 p.m.

Note: It is highly recommended that participants complete this workshop before taking other conflict management classes.

This popular workshop has been updated with new content. Participants are introduced to basic skills and strategies for navigating and managing conflict. This workshop focuses on effective communication and provides a safe and fun virtual classroom for participants to learn and practice verbal and non-verbal communication skills. Emphasis is on active listening to better understand positions and interests, the concept of “two truths”, and productive ways to have difficult conversations.

The skills in this workshop are foundational to all of CADR’s training.

CADR 1.3 Collaborative Workplace: Skills for Cultivating Collaboration

Wednesday, June 2, 2021; 1:00 to 3:00 p.m.

People work harder when they believe that their contributions are valued. Recognizing team members’ interests and contributions by helping them apply them to the larger goals of the office or organization enhances the value of each team member.

The strategies and tools taught in this workshop equip participants with the tools to lay and maintain a foundation for a collaborative workplace — including boosting confidence, recognizing commonalities, and collective ownership in problem-solving to overcome obstacles to getting the job done and achieving goals.

CADR 1.4 Collaborative Workplace: Giving Feedback for Productive Outcomes

Wednesday, June 9, 2021; 1:00 to 3:00 p.m.

A good leader is able to lead teams through change, whether it is organizational change or change in personal performance — and this applies to anybody at any level on the organizational chart. This starts with caring about, and understanding what drives people — their goals, interests, and fears — and requires consistent, and sometimes difficult but necessary, feedback. Participants delve into a strength-based and positive approach to feedback designed to hone in on what is working rather than what is not. Engaging exercises and peer interaction provides participants an opportunity to practice rapport-building feedback techniques to determine what motivates people and guide them to realize their fullest potential.