

## COMMUNITY MEDIATION CENTERS

### Hawai'i

Ku'ikahi Mediation Center  
101 Aupuni Street, Suite PH 1014 B-2  
Hilo, Hawai'i 96720  
Telephone: (808) 935-7844  
Fax: (808) 961-9727  
[www.hawaiimediation.org](http://www.hawaiimediation.org)

West Hawai'i Mediation Center  
P.O. Box 7020  
Kamuela, Hawai'i 96743  
Telephone: (808) 885-5525  
Fax: (808) 887-0525  
[www.whmediation.org](http://www.whmediation.org)

### Kaua'i

Kaua'i Economic Opportunity, Inc.  
Mediation Program  
2804 Wehe Road  
Līhu'e, Hawai'i 96766  
Telephone: (808) 245-4077  
Fax: (808) 245-7476  
[www.keoinc.org](http://www.keoinc.org)

### Maui County

Maui Mediation Services  
95 Mahalani Street, Suite 25  
Wailuku, Hawai'i 96793  
Telephone: (808) 244-5744  
Fax: (808) 249-0905  
[www.maui-mediation.org](http://www.maui-mediation.org)

### O'ahu

The Mediation Center of the Pacific  
1301 Young Street, 2nd Floor  
Honolulu, Hawai'i 96814  
Telephone: (808) 521-6767  
Fax: (808) 538-1454  
[www.mediatehawaii.org](http://www.mediatehawaii.org)

## HOW TO PREPARE FOR MEDIATION

**Effective mediation requires two-way communication. This means:**

- Honestly expressing your needs
- Listening to what the other party needs

**The keys to a successful mediation are:**

- Preparation
- Cooperation
- Flexibility

**We suggest the following approaches to help reach an agreement:**

- Approach mediation with a positive attitude
- Be open to new ideas and suggestions
- Seek agreement, not blame or revenge
- Look to the future, not to the past
- Express yourself and listen carefully to what others say
- Bring all relevant documents
- Be realistic about whether or not you can live up to proposals that you make



Prepared by:  
**Center for Alternative Dispute Resolution**  
Hawai'i State Judiciary  
417 South King Street, Room 207  
Honolulu, Hawai'i 96813  
Phone: (808) 539-4ADR (4237)

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# Mediation

## Solutions Satisfaction Success

*Mediation. It Works!*

