

Plan for Your Safety Liyacng ma e Sensenkin kom

A temporary restraining order (TRO), order for protection, or injunction cannot guarantee your safety. Plan very carefully for your safety and the safety of your loved ones.

Ke sripen puhsren akwuck (TRO) masap in karingin kuh ahksuwosye tiac kuh in olelah muh e sefi kowi. Sifacna liyacng in wo ma e sensenkin kom ac mwet lom.

Here are some safety tips:

Kuhtuh ouiyac ma in karingin komyang:

- Tell everyone you know that you have a TRO, order for protection, or injunction (your employer, church leader, friends, family and baby-sitter, etc.).
Fwahk nusin mwet nuhkewa ma kom etuh, (mwet orekma lom, mwet kol ke alu, mwet kawuck, sucu ac mwet liyacng tulik nutum, kuh sahyac) lah oasr pepuh in puhsren akwuck (TRO) lom nuhke masap in karingin kuh ahksuwosye.
- Change the locks on your doors and windows as soon as possible. Replace wooden doors with steel doors.
Aholah lak ke sruhngucl ac winto lom an ke pacl na sa. Aholah sruhngucl sahk nuhke sruhngucl osra.
- Install security systems if possible. Purchase additional locks, window bars, poles to wedge against doors. Oraclah mwe karinginyuck nuhke network (computer) fin kuh, eslah kuhtuh lak, winto osra, kuhtuh ma in sang sruokyac sruhngucl an.
- Install smoke detectors and keep fire extinguishers on every floor. You never know what your abuser might do.
Akiyac mwe ahkkahlemye fin oasr e infuckihl an kewa ac mwe kunkun e in oasr. Kom tiac etuh lah mac e fwah sikyak sin mwet ahkkolukye sacn.
- Install extra outside lighting — include motion-activated lighting.
Akiyac in oasr lahm lukunum an wi lahm se ma e kahlmelihk fwin oasr mwet utyak.
- Teach your children their name, address, phone number, the phone number of a friend/relative and how to dial 911 in case they are kidnapped by your abuser.
Loteacng tulik nuhtum an ineltahl, ahtres, taclofon nacpuh, taclofon nacpuh lun kawuck ac sucu lom ac in etuh pac in pahngon 911 fwin oasr mwet ahkkolukyactahl kuh sruhin kuh eltahl.
- Make sure everyone who watches your children is informed of who is authorized to pick up your children. Ahkluhyac ahkkahlemye nusin mwet se ma karingin tuhlik nuhtum an lah suc e lelah in som srakuhtahl ack.
- Inform your baby-sitters of your situation. They have the right to know so they will be better prepared to protect the children in their care.
Ahkkahlemye nusin el suc karingin tuhlik nutum an ma kom oasr kac an elan kuh in karingin in wo tuhlik nutum an.

Keep a copy of your TRO, order for protection, or injunction with you at all times and report violations to the police immediately.

Karinganacg kapi ke puhsren akwuck (TRO) pacl nukewa ac ripuhrt fwin oasr kuhtena ma kuhnahosyucklac ke puhsren akwuck inge, suhlahklahk pahngon police.

Important Phone Numbers Taclofon Nacmpuh ma Yohk Sripac

Get more details about protecting yourself. Call these organizations:

Eis in yohk kahsruh sahyac nusum in karihngihn kom sifacna. Pahngon acn inge:

Victim/Witness Assistance Division (City and County of Honolulu Prosecutor's Office)

Information about criminal prosecution of TRO violations – [**\(808\) 768-7401**](tel:8087687401)

Victim/Witness Assistance Division (City ac County luhn Honolulu Ohfohs luhn Prosecutor)
Mwe kahsruh ke criminal prosecution luhn TRO violations – **(808) 768-7401**

[Domestic Violence Action Center – www.stoptheviolence.org](http://www.stoptheviolence.org)

Information about separation, divorce, child custody and other legal issues – **(808) 531-3771**

[U in Kahsruh ke Ahkolukyeyucklac Yurin Sucu ac Lohm ah – www.stoptheviolence.org](http://www.stoptheviolence.org)

Mwe kahsruh ke fahsrelihk, tilac macruht, suc eis ac karihngihn tuhlihk ac ma sahyac ke masap – **(808) 531-3771**