



What we look for in our mentors

- Be a U.S. Military Veteran (Veteran mentors include, but not limited to those who have served in Vietnam, Desert Storm/ Shield, Operation Enduring Freedom, and Operation Iraqi Freedom)
- Be an active listener
- Be helpful of the Veteran
- Be a positive role model
- Be a positive support to your mentee
- Be confident in sharing personal experiences
- Be an advocate

www.hawaii.va.gov

Contact the VTC

If you or someone you know is interested in becoming a volunteer mentor, please contact the VA Veterans Court Mentor Coordinator or the VTC Supervisor to request an application.

Mentors are required to be able to commit to one (1) hour per week with their mentee.

VA VETERANS COURT MENTOR COORDINATOR

 (808) 927-9146

 459 Patterson Road
Honolulu, HI 96819



VTC SUPERVISOR

 (808) 539-4083

 777 Punchbowl
Street
Honolulu, HI 96813



Mentor Program

VA  **U.S. Department of Veterans Affairs**
Veterans Health Administration
Pacific Islands Health Care System



Reasons to mentor a Veteran

Mentors serve a variety of roles, including:

- coach
- sponsor
- facilitator
- supporter
- advisor

Mentors listen to the concerns of the Veterans. They assist them in finding solutions.

Mentors work with Veterans in setting goals and action plans.

Mentors give feedback to participants. They highlight their success.

Mentors act as a support.

The experiences of another Veteran will help assist other Veterans in gaining control of their life.

Mentors support Veterans in completing the Veterans Treatment Court.

Goals of the VTC Mentor Program

Help Veterans receive the services they need.

Help Veterans through the court system, treatment systems, and the VA system.

Check Veteran's needs. Help them adjust back to civilian life.

Build relationships to:

- help Veterans complete the treatment
- help Veterans to be sober
- help Veterans to be law abiding

Matching mentors and mentees

Mentors and participants will be paired by:

- time period they served
- branch of service
- rank whenever possible

This relationship will:

- promote a positive attitude
- help Veterans reach their goals

The partnership provides support. It makes the Veterans feel that they have someone "in their corner who understands them."

